

CENTER: 440-373-5015
 NURITION: 440-373-5017
 BUS RIDE: 440-943-7120

APRIL 2019

CENTER HOURS MONDAY - FRIDAY
 8:00AM - 4:30PM

WICKLIFFE SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 - INDIANS OPENING DAY CELEBRATION 2 - 4 10 AM - Wii BOWLING 11:30 AM - LUNCH 12 - 12:45 PM - SENIOR EXERCISE 12:30 PM - PINOCHLE 1 PM - CORN HOLE NO CHAIR MASSAGE	2 - 9 AM-1 PM-BAKE SALE 9 AM - PODIATRIST 9 AM - CHAIR YOGA 10 AM - BLOOD PRESSURE 10 - 11 AM - Q&A W/SUPERINTENDENT JOSEPH SPICCIA 11:30 AM - LUNCH NOON - 2 PM - REIKI 12:30 PM - KNITTING 1 PM - ZUMBA GOLD	3 10 AM - Wii BOWLING 10:15 AM - TAP 11:30 AM - BEGINNING TAP 11:30 AM - LUNCH 12-1 PM - EXERCISE 12:30 PM - PINOCHLE 1:15-2:15 PM - LINE DANCING SHOPPING - WALMART	4 9 AM - CHAIR YOGA 9:30 AM - BINGO GROUP 10 AM - HOLIDAY PARTY COMMITTEE MEETING 10:30 PM - BOOK CLUB 11:30 AM - LUNCH 12-1 PM - SENIOR EXERCISE 1-3 PM - ART CLASS	5 10-11 AM - GRIEF RECOVERY 10-11:30 AM - FOOD OVER MEDICINE 11:30 AM - LUNCH 12:30-2 PM - ATTORNEY 12:30 PM - PINOCHLE SHOPPING-HEINEN'S
8 10 AM - Wii BOWLING 11:30 AM - LUNCH 12-12:45 PM - SENIOR EXERCISE 12:30 PM - PINOCHLE 1 PM - CORN HOLE	9 9 AM - CHAIR YOGA 10 AM - BOARD MEETING 11:30 AM - LUNCH 12:30 PM - KNITTING & CROCHETING 1 PM - ZUMBA GOLD	10 10 - 11 AM - ELDER CARE OPTIONS PRESENTATION 10 AM - Wii BOWLING 10:15 AM - TAP 11:30 AM - BEGINNING TAP 11:30 AM - LUNCH 12-1 PM - EXERCISE 12:30 PM - PINOCHLE 1:15-2:15 PM - LINE DANCING SHOPPING - ALDI'S	11 9 AM - CHAIR YOGA 9:30 AM - BINGO GROUP 11:30 AM - LUNCH 12-1 PM - SENIOR EXERCISE 1-3 PM - ART CLASS	12 10-11 AM - GRIEF RECOVERY 9:30-11 AM - EASTER BINGO 11:30 AM - LUNCH 12:30 PM - PINOCHLE SHOPPING - GIANT EAGLE WILLOUGHBY
15 10 AM - Wii BOWLING 11:30 AM - LUNCH 12-12:45 PM - SENIOR EXERCISE 12:30 PM - PINOCHLE 1 PM - CORN HOLE 1-2 PM - CHAIR MASSAGE	16 9 AM - CHAIR YOGA 10:30 AM - LAKE COOUNTY COUNCIL ON AGING 11:30 AM - LUNCH 12:30 PM - KNITTING & CROCHETING 1 PM - ZUMBA GOLD	17 9 AM - PODIATRIST 10 AM - Wii BOWLING 10-11 AM - VETERAN'S GROUP 10:15 AM - TAP 11:30AM - BEGINNING TAP 11:30 AM - LUNCH EASTER EGG EXTRAVAGANZA 12-1 PM - EXERCISE 12:30 PM - PINOCHLE 1:15-2:15 PM - LINE DANCING SHOPPING - MARC'S	18 9 AM - CHAIR YOGA 9:30 AM - BINGO GROUP 11:30 AM - LUNCH 12-1 PM - SENIOR EXERCISE 1-3 PM - ART CLASS 1 PM - LUNCH BUNCH BUS LEAVES FOR ZAPPITELLI'S	19 CLOSED FOR GOOD FRIDAY HAVE A GREAT WEEKEND AND A HAPPY EASTER!
22 8:15 - 2:45 - CASINO TRIP MGM - NORTHFIELD PARK 10 AM - Wii BOWLING 11:30 AM - LUNCH 12-12:45 PM - SENIOR EXERCISE 12:30 PM - PINOCHLE 1 PM - CORN HOLE	23 9 AM - CHAIR YOGA 10 AM - BLOOD PRESSURE 11:30 AM - LUNCH 12-12:45 PM - SENIOR EXERCISE 12:30 PM - PINOCHLE 1 PM - ZUMBA GOLD	24 NO SENIOR EXERCISE CLASS TODAY 10 AM - Wii BOWLING 10-11 AM - PAIN MANAGEMENT CLASS 10:15 AM - TAP 11:30 AM - BEGINNING TAP 11:30 AM - LUNCH 12:30 PM - PINOCHLE 12:30 - 5:30 PM - BLOOD DRIVE 1:15-2:15 PM - LINE DANCING SHOPPING - SHOREGATE GIANT EAGLE 5% OFF FOR SENIORS	25 9 AM - CHAIR YOGA 9:30 AM - BINGO GROUP 10-11 AM - INTRO. INTO FOOT RELEXOLOGY 11:30 AM - LUNCH 12-1 PM - SENIOR EXERCISE 1-3 PM - ART CLASS	26 10-11 AM - GRIEF RECOVERY 10 AM - MEDICAL MUTUAL SUPPLEMENT INFO. MEETING 11:30 AM - LUNCH 12:30 PM - PINOCHLE SHOPPING - SWEETBERRY MARKET
29 9:30-11 AM OSTEOSTRONG BONE DENSITY TESTS 10 AM - Wii BOWLING 11:30 AM - LUNCH 12-12:45 PM - SENIOR EXERCISE 12:30 PM - PINOCHLE 1 PM - CORN HOLE	30 8:30 AM - BUS LEAVES FOR PRESQUE ISLE CASINO 11:30 AM - LUNCH 12:15 PM - ICE CREAM SOCIAL 12:30 PM - KNITTING & CROCHETING 1 PM - ZUMBA GOLD NO CHAIR YOGA			