

WICKLIFFE SENIOR CENTER

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|--|--|--|--|
| <p>3</p> <p>9 AM - FOCUS GROUP<br/>           10 AM - Wii BOWLING<br/>           11:30 AM - LUNCH<br/>           12-12:45-SENIOR EXERCISE<br/>           12:30 PM - PINOCHLE<br/>           1 PM - CORN HOLE/BOCCE</p>   | <p>4</p> <p>9 AM - CHAIR YOGA<br/>           10 AM - CAR SHOW MEETING<br/>           10 AM - BLOOD PRESSURE<br/>           11:30 AM - LUNCH<br/>           12:30 PM - KNITTING &amp; CROCHETING<br/>           1 PM - ZUMBA GOLD</p>   | <p>5</p> <p>10 AM - Wii BOWLING<br/>           10:15 AM - ADVANCED TAP<br/>           11:30 AM - BEGINNING TAP<br/>           11:30 AM - LUNCH<br/>           12-1 PM - SENIOR EXERCISE<br/>           2:30 PM - PINOCHLE<br/>           1:15-2:15 - LINE DANCING<br/>           SHOPPING - WALMART</p>  | <p>6</p> <p>9 AM - CHAIR YOGA<br/>           9:30 AM - BINGO GROUP<br/>           10 - 3 - FOOT REFLEXOLOGY<br/>           10:30 AM - BOOK CLUB<br/>           11:30 AM - LUNCH<br/>           12-1 PM - SENIOR EXERCISE<br/>           1-3 PM - ART CLASS</p> | <p>7</p> <p>9-11 AM - RACHEL LOVE - LCCOA SOCIAL WORKER<br/>           11:30 AM - LUNCH<br/>           12:30 PM - PINOCHLE<br/>           12:30-2 PM - ATTORNEY<br/>           SHOPPING - HEINEN'S</p> |
| <p>10</p> <p>9:30-11 AM - ALICE TRAINING<br/>           10 AM - Wii BOWLING<br/>           11:30 AM - LUNCH<br/>           12-12:45-SENIOR EXERCISE<br/>           12:30 PM - PINOCHLE<br/>           1 PM - CORN HOLE/BOCCE</p>                                       | <p>11</p> <p>9 AM - CHAIR YOGA<br/>           11:30 AM - LUNCH<br/>           12:30 PM - KNITTING &amp; CROCHETING<br/>           1 PM - ZUMBA GOLD<br/>           CONCERT IN THE PARK &amp; CAR SHOW - PM</p>   | <p>12</p> <p>10 AM - Wii BOWLING<br/>           10:15 AM - ADVANCED TAP<br/>           11:30 AM - BEGINNING TAP<br/>           11:30 AM - LUNCH<br/>           12-1 PM - SENIOR EXERCISE<br/>           12:30 PM - PINOCHLE<br/>           1:15-2:15 - LINE DANCING<br/>           SHOPPING - ALDI'S</p>   | <p>13</p> <p>9 AM - CHAIR YOGA<br/>           9:30 AM - BINGO GROUP<br/>           10 AM - FOCUS GROUP<br/>           11:30 AM - LUNCH<br/>           12 - 1 PM - SENIOR EXERCISE<br/>           1-3 PM - ART CLASS</p>  | <p>14</p> <p>ALL MORNING - DADS &amp; DONUTS<br/>           11:30 AM - LUNCH<br/>           12:30 PM - PINOCHLE<br/>           SHOPPING - GIANT EAGLE - WILLOUGHBY</p>                                 |
| <p>17</p> <p>10 AM - Wii BOWLING<br/>           11:30 AM - LUNCH<br/>           11:30 - 5:30 - BLOOD DRIVE<br/>           12:30 PM - PINOCHLE<br/>           1 PM - CORN HOLE/BOCCE<br/>           NO SENIOR EXERCISE!</p>   | <p>18</p> <p>9 AM - CHAIR YOGA<br/>           10 AM - BOARD MEETING<br/>           10-11 AM - BALANCE &amp; STRENGTH TRAINING<br/>           10:30 - LAKE COUNTY COUNCIL ON AGING<br/>           11:30 AM - LUNCH<br/>           12:30 AM - KNITTING &amp; CROCHETING<br/>           1 PM - ZUMBA GOLD</p> | <p>19</p> <p>9-2 BAKE SALE<br/>           9 AM - PODIASTRIST<br/>           10 AM - Wii BOWLING<br/>           10-11 AM - VETERAN'S GROUP<br/>           10:15 AM - ADVANCED TAP<br/>           11:30 AM - LUNCH<br/>           11:30 AM- BEGINNING TAP<br/>           12-1 PM - SENIOR EXERCISE<br/>           12:30 PM - PINOCHLE<br/>           1:15-2:15 - LINE DANCING<br/>           SHOPPING - MARC'S</p> | <p>20</p> <p>9 AM - CHAIR YOGA<br/>           9:30 AM - BINGO GROUP<br/>           11:30 AM - LUNCH<br/>           12 - 1 PM - SENIOR EXERCISE<br/>           1-3 PM - ART CLASS</p>   | <p>21</p> <p>9:30 - 11 - PATRIOTIC BINGO IN COMMUNITY ROOM<br/>           11:30 AM - LUNCH<br/>           12:30 PM - PINOCHLE<br/>           SHOPPING - SWEETBERRY MARKET</p>                          |
| <p>24</p> <p>10 AM - Wii BOWLING<br/>           11:30 AM - LUNCH<br/>           12-12:45 - SENIOR EXERCISE<br/>           12 - 2 - HILLTOP VILLAGE LUNCH &amp; BINGO (BUS LEAVES AT 1:45)<br/>           12:30 PM - PINOCHLE<br/>           1 PM - CORN HOLE/BOCCE</p> | <p>25</p> <p>9 AM - CHAIR YOGA<br/>           10 AM - BLOOD PRESSURE<br/>           12:30 PM - KNITTING &amp; CROCHETING<br/>           1 PM - ZUMBA GOLD<br/>           NO LUNCH TODAY!</p>   | <p>26</p> <p>10 AM - Wii BOWLING<br/>           10:15 AM - ADVANCED TAP<br/>           11:30 AM - LUNCH<br/>           11:30 AM- BEGINNING TAP<br/>           12-1 PM - SENIOR EXERCISE<br/>           12 - 1 PM - COMMUNITY MEETING WITH JOE SAKACS<br/>           12:30 PM - PINOCHLE<br/>           1:15-2:15 - LINE DANCING<br/>           SHOPPING - SHOREGATE GIANT EAGLE - 5% OFF FOR SENIORS</p>         | <p>27</p> <p>9 AM - CHAIR YOGA<br/>           9:30 AM - BINGO GROUP<br/>           10 - 11 - MUSIC &amp; MUNCHIES<br/>           11:30 AM - LUNCH<br/>           12 - 1 PM - SENIOR EXERCISE<br/>           1-3 PM - ART CLASS</p>                             | <p>28</p> <p>10 AM - FOCUS GROUP<br/>           11:30 AM - LUNCH<br/>           12:15 PM - ICE CREAM SOCIAL<br/>           12:30 PM - PINOCHLE<br/>           SHOPPING - HEINEN'S</p>                  |