

CENTER: 440-373-5015
 NURITION: 440-373-5017
 BUS: 440-943-7120

NOVEMBER 2021

WICKLIFFE SENIOR PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL 1 PM	2 ELECTION DAY BEGINNING TAP 9:30 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30	3 PODIATRIST ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1:30 PM	4 CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM BOOK CLUB 10:30 AM LUNCH - 11:30 AM ART CLASS 1-3 PM	5 ATTORNEY 9 - 11 AM LUNCH - 11:30 AM
8 UH HEALTH SCREENINGS 9 AM - 3 PM LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL 1 PM	9 CHAIR YOGA 9 AM BEGINNING TAP 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30	10 DESSERT & PINS FOR VETERANS 8 - 2 ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1:30 PM	11 CLOSED	12 ATTORNEY 9 - 11 AM LUNCH - 11:30 AM
15 FOOT REFLEXOLOGY INFO SESSION 10 AM LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL 1 PM	16 CHAIR YOGA 9 AM BEGINNING TAP 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30	17 HOLIDAY PARTY COMMITTEE MEETING 10 AM ADVANCED TAP 10:15 AM LCCOA SELENA COX 10:30-12 LUNCH - 11:30 AM LINE DANCING 1:30 PM	18 CHAIR YOGA 9 AM REIKI SESSIONS 10 - 11 AM SENIOR EXERCISE 10:15 AM POP UP ART SHOW 11 AM - 2 PM LUNCH - 11:30 AM	19 THANKSGIVING BINGO 9:00 AM ATTORNEY 9 - 11 AM LUNCH - 11:30 AM
22 FOOT RELFLEXOLOGY SESSIONS 10-3 LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL 1 PM	23 CHAIR YOGA 9 AM BEGINNING TAP 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30	24 ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1:30 PM	25 CLOSED	26 CLOSED
29 LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL 1 PM	30 CHAIR YOGA 9 AM BEGINNING TAP 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30			