

WICKLIFFE SENIOR PROGRAM NEWSLETTER

Gerri Hubbell – Senior Activities Coordinator

440-373-5015 www.cityofwickliffe.com

JUNE 2022

Wickliffe Community Center

900 Worden Road

Hours for The Wickliffe Senior Program are:
8 am - 4 pm Monday - Thursday, and
8 am - 2 pm Friday.

Coffee is sold for 25 cents. We only serve until lunch time. If you bring your own cup, you still must pay for coffee.

We are now accepting donations of certain items. The donations WE DO NOT ACCEPT at this time include: books, magazines, newspapers, clothing, food and any other items that are damaged or soiled. We ask that you turn in any donations to Gerri in the office. Please do not place any donation items on the brochure tables. Thank you so much - and we appreciate your generosity!

When using the library, please place returned books in the large basket by the book shelves. We have a Library Volunteer who works on keeping the books in their proper places.

Mark Your Calendars!!!!

Podiatrist Dr. Ben Esraelian will be here on Wednesday, June 1st. Appointments begin at 9 am & last ten minutes. Everyone must arrive ten minutes before their assigned time. The cost is \$25 (cash only) & the payment goes directly to the doctor at the time of the visit. You must make an appointment in advance by calling 440-373-5015 or by stopping at the front desk.

The Book Club will meet on Thursday, June 2nd at 10:30 am and the book discussed will be "The Address" by Fiona Davis.

We will have a car show volunteer meeting on Tuesday, June 7th at 3 pm in the dining hall. Please attend if you would like to help out with the car show on Tuesday, July 12th!

Selena Cox will be here on Wednesday, June 15th from 10:30 am until noon to offer assistance and answer questions from The Lake County Council on Aging. To schedule an appointment call Selena at 440-205-8111 x233.

Our lunch trips have resumed! We will be taking the bus to Mario Fazio's on Thursday, June 16th. Limited room so must register by June 9th! Must be a member! \$3 bus fee, non-refundable. Must take the bus, no meeting group at restaurant. Must be here at 11 am, bus departs at 11:10 am. Pay for your own lunch & tip.

Please join us for Patriotic Bingo on Friday, June 17th at 9 am. Must be a member! \$2 due at time of registration. Prizes! Breakfast snacks! Coffee! Please note the change in price
*No refunds, if you do not attend, no one is able to play your card and/or take food home for you

Attorney Deborah Loughner will offer free consultations on Friday, June 17th beginning at 8:30 am. Reservations are required. Please call the center at (440) 373-5015 to make an appointment.

The next Wickliffe Senior Program Board Meeting will be Tuesday, June 21st at 10 am. As always, meetings are open to all members.

If you haven't already, try our Meditation class with Chuck Lehman! Scheduled for Thursday, June 23rd from 12:30-1:30 pm. No registration needed, just show up! Must be a member.

Join us on our trip to Lake Metroparks Farmpark on Wednesday, June 22nd. We will have a guide take us through some of the areas within the Farmpark. Be ready at the center at 9 am. Bus departs at 9:15 am. We will have a guide between the hours of 10 and noon. We will eat our lunch at noon (please bring a brown bag lunch and beverage not needing heat up or refrigeration). We will have a chance to visit the gift shop and depart shortly after 1 pm. The cost for the trip is \$9 and must be paid at time of registration. No refunds. Limited space so register soon! Wear comfortable shoes, take a jacket if weather is cool, and be prepared to walk and move around quite a bit!

Reiki will be offered Thursday, June 23rd. Reiki is an ancient Japanese technique practicing the laying of the hands. It is energy flowing throughout your body. It improves sleep by giving you a sense of well being. Reiki is also helpful with pain and discomfort, often caused by arthritis. Sessions begin at 10 am and each lasts 20 minutes. A session costs \$15 in cash and is due at the time of registration. No refunds.

Wickliffe Senior Program Newsletter Page 2

Ron Sluga will be entertaining our lunch crowd on Thursday, June 30th! Make sure you make your lunch reservation by Tuesday, June 21st to be a part of this fun lunch.

50/50 Monthly Raffle Is Back!!!!

Beginning June 1st we will be selling 50/50 tickets for the following prices:

1 ticket - \$1

6 tickets - \$5

15 tickets - \$10

On the last day of every month at lunch, we will draw one or more winners (based on the amount of money collected).

Have you tried Meditation?

If you haven't already, try our Meditation class with Chuck Lehman! Scheduled for Thursday, June 23rd from 12:30-1:30 pm. No registration needed, just show up! Must be a member

Wii Bowling Is Back!!!!!!!

Starting Wednesday, June 1st we will have Wii bowling every Wednesday from 9-11 am in the back community room. No need to register just show up! Must be a member of the Wickliffe Senior Program.

Senior Day at The Lake County Fair

Mark your calendars for Friday, July 29th! Senior Day at the Lake County Fair! Free admission for seniors until 1 pm, free transportation through Laketrans, musical entertainment & games, and presentation of the "Outstanding Seniors Awards"! More details to follow.

Summer Concerts!!!!

Tuesday, June 14th - Eddie & The Edsels

Tuesday, July 12th - Poptarts & Car Show

Tuesday, August 9th - Ron Sluga Trio

All concerts are 6:30 - 8:30 pm

We will have food trucks! 50/50 raffle! You are welcome to bring your own picnic dinner.

Car show registration forms are available at the center or by visiting:

www.cityofwickliffe.com/recreation/seniorresources

Questions About Your Cell Phone?

Sign up for a 15 minute session with a Wickliffe High School student for help! Every Friday - appointments beginning at 10 am and ending at 1:30 pm.

Sign up at the front desk.

