


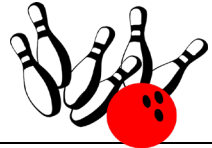







CENTER: 440-373-5015
 NUTRITION: 440-373-5017
 BUS: 440-943-7120

SEPTEMBER 2022

HOURS
 MONDAY - THURSDAY 8am-4pm
 FRIDAY 8am-2pm

WICKLIFFE SENIOR PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 CHAIR YOGA 9 AM BOOK CLUB 10:30 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM	2 COFFEE & COOKIES TO CELEBRATE LABOR DAY DURING MORNING LUNCH - 11:30 AM 
5 CLOSED FOR LABOR DAY! 	6 CHAIR YOGA 9 AM CLOGGING 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM KNITTING/CROCHETING 12:30	7 PODIATRIST - APPTS. REQUIRED Wii BOWLING 9 - 11 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1 PM	8 CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM NEW ART INSTRUCTOR MEET & GREET 1-3 PM 	9 Wii BOWLING OPEN HOUSE 9 - 11 AM LUNCH - 11:30 AM 
12 LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM	13 CHAIR YOGA 9 AM CLOGGING 9:30 AM BOARD MEETING 10 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30	14 Wii BOWLING 9 - 11 AM HOLIDAY PARTY COMMITTEE MEETING 10 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1 PM PAINT & SIP SPONSORED BY DEVOTED HEALTH 1:00 PM 	15 CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM SENIOR ART - 1 - 3 PM	16 ATTORNEY APPTS. 9 - 11 AM LUNCH - 11:30 AM
19 COFFEE & COOKIES WITH FIRE CHIEF POWERS 10 AM LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM 	20 CHAIR YOGA 9 AM CLOGGING 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30 	21  JACK THISTLEDOWN TRIP BUS LEAVES AT 8:45 AM Wii BOWLING 9 - 11 AM ADVANCED TAP 10:15 AM SELENA COX, LAKE COUNTY COUNCIL ON AGING, 10:30 - 12 LUNCH - 11:30 AM LINE DANCING 1 PM	22 CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM MEDITATION CLASS - 12:30 PM SENIOR ART - 1 - 3 PM	23 FALL BINGO 9 AM LUNCH - 11:30 AM 
26 LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM	27 CHAIR YOGA 9 AM CLOGGING 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30	28 Wii BOWLING 9 - 11 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1 PM	29 CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM SENIOR ART - 1 - 3 PM	30 FLU SHOTS 9 - 11 AM LUNCH - 11:30 AM 