










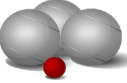


CENTER: 440-373-5015  
 NURITION: 440-373-5017  
 BUS: 440-943-7120

# NOVEMBER 2022

HOURS  
 MONDAY - THURSDAY 8AM-4PM  
 FRIDAY 8AM-2PM

## HOURS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1  CHAIR YOGA 9 AM CLOGGING 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM KNITTING/CROCHETING 12:30	2  PODIATRIST - APPT. NECESSARY Wii BOWLING 9 - 11 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1 PM	3  CHAIR YOGA 9 AM BOOK CLUB 10:30 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM SENIOR ART - 1 - 3 PM	4  LUNCH - 11:30 AM 
7  MEDICARE REVIEWS - APPT. NECESSARY LUNCH - 11:30 AM PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM	8  ELECTION DAY! NO CHAIR YOGA NO SENIOR EXERCISE CLOGGING 9:30 AM LUNCH - 11:30 AM KNITTING/CROCHETING 12:30 	9  NO Wii BOWLING ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING IN DANCE STUDIO 1 PM 	10  CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM SENIOR ART - 1 - 3 PM PASTRIES & COFFEE FOR VETERANS & SPOUSES OF VETERANS - 8 - 11 AM	11  CLOSED! 
14  LUNCH - 11:30 AM LUNCH BUNCH TO MARIO FAZIO'S BUS LEAVES AT 11:30 AM PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM 	15  CHAIR YOGA 9 AM CLOGGING 9:30 AM BOARD MEETING 10 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM	16  Wii BOWLING - 9 - 11 AM ADVANCED TAP 10:15 AM HOLIDAY PARTY MTG 10 AM SELENA COX, LAKE COUNTY COUNCIL ON AGING, 10:30 - 12 LUNCH 11:30 AM LINE DANCING 1 PM	17  CHAIR YOGA 9 AM REIKI 10 - 11 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM SENIOR ART - 1 - 3 PM 	18  THANKSGIVING BINGO 9 AM ATTORNEY APPTS. 9 - 11 AM LUNCH - 11:30 AM 
21  JACK THISTLEDOWN TRIP - BUS LEAVES 9:15 LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM 	22  CHAIR YOGA 9 AM CLOGGING 9:30 AM BOARD MEETING 10 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30	23  Wii BOWLING 9 - 11 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1 PM 	24  CLOSED! 	25  CLOSED! 
28  LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM 	29  CHAIR YOGA 9 AM CLOGGING 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM KNITTING/CROCHETING 12:30 POST OFFICE ON WHEELS 12:30-12:45	30  Wii BOWLING 9 - 11 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1 PM		