

MAY 2023

WICKLIFFE SENIOR PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM	2 CHAIR YOGA 9 AM CLOGGING 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM KNITTING/CROCHETING 12:30	3 PODIATRIST Wii BOWLING 9 - 11 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1 PM	4 CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM BOOK CLUB 10:30 AM LUNCH - 11:30 AM SENIOR ART - 1 - 3 PM	5 FRONT DESK VOLUNTEER MEETING - 9 - 11 AM LUNCH - 11:30 AM
8 LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM	9 CHAIR YOGA 9 AM CLOGGING 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH & LEARN - 11:30 AM KNITTING/CROCHETING 12:30	10 Wii BOWLING 9 - 11 AM COFFEE & COOKIES WITH MAYOR SAKACS - 10 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1 PM	11 CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM TRIP TO MCALISTER'S IN NORTH OLMSTED, BUS LEAVES AT 10:15 AM REIKI 10-11 AM LUNCH - 11:30 AM SENIOR ART - 1 - 3 PM	12 SPRING CRAFT 9:30-11 AM LUNCH - 11:30 AM
15 Wii BOWLING 9 - 11 AM LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM	16 CHAIR YOGA 9 AM CLOGGING 9:30 AM BOARD MEETING 10 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30	17 NO Wii BOWLING SENIOR DAY AT THE GREAT LAKES MALL 8:30 AM - 2 PM ADVANCED TAP 10:15 AM JENNIFER MICHAEL, LAKE COUNTY COUNCIL ON AGING, 10:30 - 12 LUNCH - 11:30 AM LINE DANCING 1 PM	18 CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM MYSTERY LUNCH TRIP - BUS LEAVES AT 10:45 AM LUNCH - 11:30 AM SENIOR ART - 1 - 3 PM	19 ATTORNEY APPTS. 9 - 11 AM "STOP THE PHONE CALLS" WITH MICHELLE WALDRON - 9:30 LUNCH - 11:30 AM
22 LUNCH 11:30 PINOCHLE 12:30-3:30 BOCCE BALL - 1 PM	23 CHAIR YOGA 9 AM CLOGGING 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30 CAR SHOW VOLUNTEER MEETING 2:30	24 Wii BOWLING 9 - 11 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM BINGO & LUNCH AT MOUNT ST. JOSEPH - BUS LEAVES 12:45 PM LINE DANCING 1 PM	25 CHAIR YOGA 9 AM SENIOR EXERCISE 10:15 AM LUNCH - 11:30 AM SENIOR ART - 1 - 3 PM	26 BINGO - 9 AM LUNCH - 11:30 AM
29 CLOSED FOR MEMORIAL DAY!	30 CHAIR YOGA 9 AM CLOGGING 9:30 AM SENIOR EXERCISE 10:15 AM LUNCH 11:30 AM KNITTING/CROCHETING 12:30	31 Wii BOWLING 9 - 11 AM ADVANCED TAP 10:15 AM LUNCH - 11:30 AM LINE DANCING 1 PM	CENTER HOURS: M - TH - 8 AM - 4 PM F - 8 AM - 2 PM	COFFEE IS SOLD FOR 25 CENTS EVERY DAY UNTIL LUNCH